



ZAMBIA MEDICAL ASSOCIATION

Annual Newsletter - 2024



60th Scientific Conference & Annual General Meeting

Theme:

"Addressing local and global health challenges by building Climate resilient, responsive and E-smart Healthcare Systems".



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“Addressing local and global health challenges by building Climate resilient, responsive and E-smart Healthcare Systems”.

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60 Scientific Conference & Annual General Meeting



GUEST OF HONOUR

**Minister of Health, Honorable
Dr. Elijah Muchima, MP.**

The Zambia Medical Association invites all Medical Doctors, Dental Surgeons and Allied Partners

THEME:

“Addressing local and global health challenges by building Climate resilient, responsive and E-smart Healthcare Systems”.

 **30-31
August**

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ZMA EXECUTIVE 2023 – 2025



Dr. Kaumba Roy Tolopu
President



Dr. Alex Lwando
Vice - President



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Secretary General



Dr. Francis Simusika
Treasurer



Dr. Chuma Njovu
Chair - Medical Education & Research Board



Dr. Gabriel Sialubono
Chair - Public Health Board



Dr. Innocent Ngwira
Chair - Ethics & Professional Conduct Board



Dr. Malan Malumani
Chair - Publications Board



Dr. Joyce Sakala
President - MWAZ



Dr. Mweushi Mphande
President - RDAZ

Executive Summary



President
Dr. Kaumba Roy Tolopu

On behalf of the Zambia Medical Association, I welcome you all to this auspicious event, the 60th ZMA Scientific Conference and AGM for the association, a time for us to reflect on the wonderful strides made to contribute to Zambia's healthcare and at the same time, a time to take a journey into our scientific discoveries to foster a better future and be the beacon of a strengthened and resilient healthcare system in the region and globally.

But to do this... "We can no longer afford to do business as usual." The time calls for collective action aimed at developing sustainable solutions to problems that threaten our very existence by leveraging opportunities within our reach.

The challenges we face are multifaceted, ranging from climate change and antimicrobial resistance to critical shortages of essential health system inputs, the growing unemployment of qualified doctors, persistent health inequalities, and a rising burden of Non-Communicable Diseases and Injuries.

The National Health Strategic Plan (NHSP) 2022-2026 by the Ministry of Health highlights these pressing issues and outlines the collaborative efforts needed to address them. Key priorities include:

1. Strengthening health service delivery for prevention and primary health care.
2. Improving maternal, neonatal, child, and adolescent health and nutrition.
3. Controlling communicable diseases such as malaria, HIV, tuberculosis, and sexually transmitted infections.
4. Addressing non-communicable diseases.
5. Enhancing integrated health systems.

Significant strides and policy proposals have been advanced, including the devolution of health services to local authorities to increase efficiency and foster

a patient-centered healthcare system that responds to local health needs, development of the digital health strategy, enactment of the Nation Health Insurance Scheme among others. Despite these efforts, challenges remain in delivering services to underserved communities, addressing teenage pregnancies, maternal and child health challenges, and managing policy inconsistencies. These issues are further compounded by the negative effects of climate change, which threaten food security, access to clean water, and energy, putting millions at risk of malnutrition, waterborne diseases, and other conditions.

It is imperative that we invest in the financial buoyancy of the health sector, leverage digital technologies, and strengthen policies and regulations to achieve Sustainable Development Goal No. 3 (SDG 3) and realize our vision of a nation of healthy people without leaving anyone behind.

My executive team and I have made deliberate efforts to strengthen the Zambia Medical Association's participation in key health matters through constant engagement with the government, cooperating partners, parliamentarians, and other relevant stakeholders to develop, propose reforms, and influence policy.

We believe there is much more to be done. As we convene to discuss health system strengthening, I challenge everyone not to 'do business as usual' but to contribute to the generation of actionable ideas to address local and global health challenges. This year's theme is a call to action for all stakeholders.

Wishing you successful deliberations as you sample Zambia's natural beauty and culture in the heart of Livingstone.

I thank you.

Interpretation of the Theme

This year's theme for the 60th Scientific Conference and Annual General Meeting is; ***"Addressing local and global health challenges by developing climate-resilient, responsive, and e-smart healthcare systems"***

This year's theme is a call to all stakeholders to recognize the need for a multi-faceted approach to current and future healthcare needs. Zambia like many other countries has not been spared from the effects of the ever growing global health threat of the 21st Century – "Climate Change". The recent declaration of a National Disaster owing to the drought by His Excellency, President of the Republic of Zambia, Mr. Hakainde Hichilema, underscores the urgency to develop healthcare systems that are not only resilient to the changing climate but are also proactive in responding to emerging health challenges.

As Zambia Medical Association, we recognize the urgency of the time and call for the creation of a healthcare system that can withstand and adapt to climate change, respond effectively to health crises, and leverage advanced technologies for better service delivery. The realization of Zambia's health vision: 'a nation of healthy and productive people' amidst impending outbreaks of antimicrobial resistance (AMR), food insecurity, poverty, unstable supply chain for medicines and medical supplies, and low income per capita, will require concerted effort among all health actors coupled with deliberate investments, by the government and partners, aimed at enhancing healthcare infrastructure to cater to diverse needs especially in underserved areas.

'It must no longer be business as usual, but let's do business for survival, for the improvement of access to health services by leveraging or integrating digital technologies such as Telemedicine- to eliminate proximity challenges and enable last mile service delivery, especially underserved areas, Electronic

Health records (EHR) systems such as SmartCare – to improve our HMIS, reduce clinical error through clinical decision support while data analytics, robotics and artificial intelligence (AI) strengthen our monitoring, performance, interpretation as well as tracking of health trends.'

Further, technological advancements and digital solutions present an opportunity for us to tackle numerous challenges ranging from health inequities in health service access, patient's treatment compliance monitoring (adherence), medicines and medical supplies security, data quality, traffic accident surveillance, maternal health, immunization/vaccination tracking, management of chronic conditions such as NCDs to cross-border health threats. Therefore, all cooperating partners, government, private sector and practitioners (both public and private) must take advantage of these health system strengthening opportunities. There is need for health workforce training curricula reform to incorporate components on AI and Machine Learning (ML) usage in healthcare delivery.

Climate change and health: with approximately over 3.3 to 3.6 billion people globally, already at risk of being negatively impacted by climate change, the need to develop healthcare systems that can respond to shocks cannot be overemphasized. The Food –Energy – Water nexus is evidently crucial to our peoples' existence as evidenced by the recent Cholera epidemic that claimed over a thousand lives. This beckons all Zambia Medical Association members and non-members to act and institute mitigation measures, develop emergency response systems and to equip the healthcare system to be able to



Secretary General
Dr. Oliver Kaoma

respond timely and effectively to avoid preventable deaths. Today we are faced with a drought, tomorrow there may be floods or heatwaves, we must be ready for these extreme weather events/ disasters at all times.

Therefore, we must all engage in this years' conversation, engage in multidisciplinary research, so that we can develop local solutions whilst contributing to the global pool of knowledge and resource aimed at addressing global challenges. Working together with policy makers, let the ideas generated from this conference usher in a healthcare ecosystem that is sustainable, responsive and resilient.

Augusta Limited: A Holistic Health and Wellness Solutions Provider

Founded in 2010, Augusta Limited has established itself as a leading healthcare solutions provider in Zambia. We are dedicated to making a sustainable difference in people's lives through innovative, quality, and affordable health and wellness solutions. Our mission is to empower medical institutions and improve healthcare delivery nationwide.

Augusta Limited is accredited by the Zambia Medicines Regulatory Authority (ZAMRA) and is committed to maintaining the highest quality standards in all our products and services. Our temperature-controlled warehouses ensure the safe storage and distribution of pharmaceuticals and medical devices.

Our Services and Products

- 1. Pharmaceuticals and Medical Devices:** Augusta Limited is your trusted partner for a wide range of pharmaceutical drugs, medical devices, and consumables. We are committed to providing high-quality medication products to public and private sectors. Our Commitment to quality is underscored by our partnerships with globally recognised manufacturers such as Mylan/Viatris, Troikaa, Emcure, Fresenius, Nipro, Mindray, and Meril. These partnerships ensure that our products meet the highest quality and efficacy standards, providing the assurance of reliable and effective healthcare solutions.
- 2. Innovata Pharmaceuticals:** Innovata is a key partner in Augusta Limited's mission to provide high-quality healthcare solutions. Innovata is known for its commitment to excellence in healthcare. Their products meet GMP standards and are approved by regulatory bodies such as SAHPRA, and USFDA.
- 3. Renal Care:** Augusta Limited is renowned for its comprehensive renal care services. We operate dialysis centers across all ten provinces of Zambia. Our services include Haemodialysis and peritoneal dialysis, aimed at making renal care accessible to urban and rural areas of Zambia.
- 4. Diagnostics and Laboratory Services:** Augusta offers state-of-the-art diagnostic and Laboratory Services, including all diagnostic devices and their consumables, along with after-sales service solutions. We aim to provide the best laboratory devices and medical equipment from around the world.
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Supporting Zambia's Healthcare System

As a key partner in Zambia's healthcare sector, Augusta Limited actively supports educational activities and continuous medical education (CME) initiatives. We are proud to align with the Zambia Medical Association's theme of *"Strengthening Health Systems by leveraging digital health to address emerging and existing health threats."*

To get more information about our products portfolio and services, please visit our website <https://augusta-limited.com/> or contact us at sales@augusta-limited.com.



Executive Update



OFFICE OF THE VICE-PRESIDENT

■ Dr. Alex Lwando

One of the major constitutional functions of the office of ZMA Vice-President is to coordinate and supervise functional Boards as well as establish ad-hoc and standing committees of the Zambia Medical Association. Below are some accomplishments this far:

- Successfully held a Medical Education Indaba.
- Conducted Professional Development in the Certification of Cause of Death (MCCD) in various provinces capturing over 400 doctors.
- Initiated informative and educative webinars on various topics, ranging from emerging public health threats, medical ethics, scope of practice of doctors at various levels, doctor welfare and medical outbreaks.
- Spearheaded community awareness activities and health promotion interventions for the prevention of cholera in hotspots during the cholera outbreak.
- Developed concept notes for fundraising for various ZMA activities, including radio and TV programs aimed at promoting health, increasing visibility of the Association, engaging communities on various health matters and improving stakeholder relationships.
- Currently in the process of securing rights to enhance visibility of Medical Journal of Zambia
- Participated in the inaugural Resident Doctors Association of Zambia (RDAZ) Council meetings that revised the RDAZ Constitution, formulated Council by-laws and handled disciplinary cases.
- Constituted the Committee to study, analyze and formulate the Zambia Medical Association (ZMA) Bill. This Bill, when enacted into law, will establish ZMA as an Act of Parliament and give it mandate, autonomy and power to set and enforce standards for medical education and regulation in the country.
- Constituted the Internship Valuation Committee to act as a liaison between the ZMA Executive Committee and the HPCZ regarding junior residency. The Committee was established to study the current internship competence requirements and advise, through a consultative process, improvements to the competence requirements, duration of internship and adequacy of internship sites.
- Constituted Sexual Harassment Policy Development Committee that was tasked to devise a policy to guide handling of sexual harassment cases in the workplace and education spaces.
- Continues to provide oversight over the operations of ZMAC as a special investment vehicle of the ZMA. ZMAC aims to widen its scope of investments and increase its investment portfolio.

Furthermore, the office of the Vice President delivered the following;



MEDICAL EDUCATION RESEARCH BOARD

■ Dr. Chuma Njovu

The core focus areas for the ZMA Medical Education Research Board (MERB) are mainly anchored on training, Continuous Medical Education (CME), research, advocacy and policy development.

Medical Education in Zambia

ZMA acknowledges the significant transformation in Zambian medical training characterized by the opening of more public and private medical universities. However, this has been accompanied by several challenges that pose a fundamental risk of compromised quality of healthcare training standards such as medical student over-enrollment, inadequate and inappropriate training infrastructure, and high lecturer to students' ratios. Therefore, ZMA through MERB organized a medical training indaba mainly to address the medical training challenges specifically focused on ensuring the quality of medical education and on strategies to improve standards in the country. The indaba was successfully held at Radisson Blue Hotel, Lusaka on 10th April, 2024 and drew participation of various stake holders in medical training ranging from curriculum enhancement to regulation and quality assurance.



Medical Education Indaba

Continuous Medical Education

MERB coordinated several physical and virtual CME programs with the help of various corporate partners. The first physical CME on diabetes mellitus sponsored by ROCHE pharmaceuticals was held at Pamodzi Hotel in October 2023. Early this year, a Webinar titled 'Choosing the Right Anti-Hypertensive Combination' was sponsored by Augusta Limited. This was followed by a CME on burns, scars and keloids held at Southern Sun Hotel, Lusaka sponsored by Yash Life Sciences. In the second quarter, a CME on 'Acute Gastroenteritis' was successfully conducted in Chipata with support from Shalina Pharmaceuticals. ZMA has more lined up CMEs to reach the members in their respective chapters. During the period under review, several virtual CMEs with local and international speakers were also organized for the general memberships mainly to enhance professional growth as enshrined by the Health Professions Council of Zambia.



Diabetes CME with MOH and Roche

Memorandums of Understanding

MERB completed two main memoranda of understanding with Morehouse School of Medicine. The memorandum introduced collaboration in the establishment of a concise telemedicine-based CME program, in Zambia. The board also saw actualization of the Institute for Health Measurement Southern Africa (IHM) signing an MOU with ZMA which began by conducting smart care training for the ZMA executive and council members in Siavonga.



IHM-ZMA Training



Morehouse Telemedicine-Training

Medical Certification of Cause of Death Trainings.

ZMA embarked on a national wide training on Medical Certification of the Cause of Death (MCCD) which is recognized as an essential component of daily medical practice for its members. During the past's tenure, the board partnering with the office of the State Forensic Pathologist successfully completed training of members in Ndola and Kitwe. MCCD trainings were also conducted in Luapula and Kasama, with plans to extend this training module to other areas of the country.



MCCD Training In Northern Province



MCCD Training- Kitwe Teaching Hospital

Research

As part of its mandate, the board aimed to foster a culture of research by amassing grants, scholarships and research incentives for its members. The primary research focus was to register ZMA as an NIH grant managing institution with subsequent establishments of partnerships with international institutions for collaborative studies. The process is ongoing and targeted to be completed in the first quarter of 2025. The board also plans to empower its members with a basic research module that will be implemented in all provinces coordinated by the soon to be appointment provincial ZMA research coordinators.



ETHICS AND PROFESSIONAL CONDUCT BOARD

■ Dr. Innocent Ngwira

In striving for better practice among membership the office of Ethics and Professional Conduct has endeavoured to champion excellent standards of practice. This can be seen from the various online and physical programs conducted across the country and making sure that every member is covered regardless of their place of practice or institution.

Some of the achievements so far have been

1. Revision of guidelines on administration of licensure examinations. The process has seen improvement in the way examinations are being conducted by HPCZ and is a sign we are in the right direction.
2. Successful running of educational webinars and physical seminars at various hospitals on safe practice and adhering to the code of conduct.
3. Working with the HPCZ we saw the Introduction of mono rotations for internship sites that do not have specialists in all four major fields. This will help junior resident medical officers rotate at any facility where there are supervisors in that specialty to complete their log book.
4. The office has seen prompt resolution of cases involving members with the regulator and adequate representation of the members both virtual and physical were necessary.



Speakers at the Professionalism & Ethical Conduct Seminar - LMMU



Seminar on Professionalism and Ethical conduct talk at Levy Mwanawasa Medical University

Work in progress, at the moment

A number of issues still remain to be addressed and include

1. Adjustments of internship which has raised a number of concerns, the concerns so far have been brought to the attention of the regulator. ZMA has constituted an internship valuation committee drawn from affiliates of various communities of practice to address the matter.
2. Scope of practice for various communities of practice that include specialists and other practitioners. Currently it is difficult to draw a line in some fields of practice between a specialist and a non specialist and a call to review this is timely.
3. Rise in issues of professional misconduct especially from recent graduates and medical students. The office has created a sensitization program to address the problem.
4. Improper advertisement from facilities and some members, currently work in progress with the council over the matter.

The vision of the office is to see a practitioner, that is self alert with regulatory issues and gives the best services at all times. It is my hope that we shall achieve the following going forward under my office.

1. Having graduates that are informed with ethical guidelines and have excellent professional conduct
2. Have an electronic traceable prescription number that a practitioner can move along with from institution to institution whether public or private
3. Have practitioners with full knowledge of their scope and emphasis on duty to serve so as to avoid some of the Medicolegal issues
4. Affordable licensing fees that do not stress the membership both Zambians and non Zambians
5. Successful and independent private practice facilities among ZMA members



Yash Life Sciences Ltd is a Zambian Pharmaceutical major that manufactures and markets a wide range of essential medicines. We work to advance the pharma industry with an emphasis on technology, innovation and a team that strives for a healthier world.



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ABOUT US

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THE MEDICAL JOURNAL OF ZAMBIA

■ Dr. Malan Malumani

The Medical Journal of Zambia (MJZ) has made remarkable progress over the past 3 years, solidifying its role as a prominent publication in the medical research community in Zambia. Here are the key achievements:

1. **Improved Publication Standards:** MJZ has significantly enhanced the quality of its publications by implementing stringent peer-review processes and maintaining high editorial standards. This focus on quality has attracted high-caliber research, contributing to the journal's growing reputation.
2. **Digital Transformation and Accessibility:** The journal has embraced digital platforms like the use of DOIs, ORCID, making its articles more accessible to a global audience. By optimizing its online presence, MJZ has ensured that its research is widely disseminated and easily accessible to researchers, clinicians, and policymakers worldwide.
3. **Strengthened Collaborations:** MJZ has established strong collaborations with local and international research institutions like Zambia National Research Authority, ZNHPI, local universities. These partnerships have enriched the journal's content and expanded its network of contributors and reviewers, enhancing the diversity and impact of its publications.
4. **Capacity Building Initiatives:** The journal has invested in capacity-building programs for local researchers and authors, providing training and resources to improve research and writing skills. This initiative has empowered Zambian researchers to contribute high-quality research to the journal, fostering a robust local research community.
5. **Strategic Goals for Indexing:** A significant milestone for MJZ is its strategic aim to be included in prestigious indexing databases such as PubMed Central, the Directory of Open Access Journals (DOAJ), and Web of Science. Achieving these targets will:
 - PubMed Central: Enhance the journal's credibility and visibility within the biomedical community, ensuring wider dissemination of its articles.
 - DOAJ: Promote greater transparency and accessibility by making the journal's open access content freely available to a global audience.
 - Web of Science: Increase the journal's impact factor and citation rates, establishing MJZ as a reputable source of high-quality medical research.

These achievements underscore MJZ's commitment to advancing medical research in Zambia and beyond, positioning it as a leading journal in the region. We are on Target and this is a call to all ZMA members and other researchers who may have ideas to come forward and contribute positively to the growth of the journal.

The screenshot displays the homepage of the Medical Journal of Zambia (MJZ). The header includes the MJZ logo and navigation links for Submissions, Register, and Login. Below the header, there are links for CURRENT, ARCHIVES, ABOUT MJZ, AUTHOR GUIDELINES, and CONTACT, along with a search bar. The main content area features a 'CURRENT ISSUE' section for Vol. 51 No. 1 (2024), with a cover image and a DOI link (https://doi.org/10.55320/mjz.51.1). The issue was published on 14-06-2024. To the right, an 'OPEN ACCESS' banner states that articles are distributed under the Creative Commons Attribution 4.0 International (CC BY 4.0) license, accompanied by the CC BY logo.

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ABOUT THE ALLIANCE

We're thrilled to announce our exciting new partnership with the Zambia Medical Association (ZMA). This new alliance is all about enhancing your experience as a valued customer. By teaming up with ZMA, we're meeting the needs of medical professionals across the country by providing them with easier access to necessary products and services. As a paid up member, you'll get a **7.5% discount** on any product or service at Kwik-Fit, as well as seasonal deals throughout the year. We thank you for your hard work and we continue to strive to support the medical field in Zambia.



ABOUT KWIK-FIT

Founded in 1995, Kwik-Fit has a wealth of knowledge about automotive consumables and services in Southern Africa. We provide customers with a range of brands, from affordable to premium. All our shops are equipped with workshops for engine servicing, mechanical work and more such services. Additionally, our Kwik-Track department offers global satellite tracking and fleet management. With our high quality customer service, range of products and multiple locations, we strive to provide you with a hassle-free, ideal solution to your vehicle problems.

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ZMA'S ROLE IN PUBLIC HEALTH

■ Dr. Gabriel Sialubono

ZMA's Response to Cholera

In the first quarter of the year, the country faced a devastating outbreak of Cholera. ZMA took the lead in carrying out sensitization and awareness campaigns to educate and inform citizens. In addition, the executive took time to visit members who were frontline workers at the National Cholera Centre at Heroes Stadium in Lusaka. The association further donated assorted hygienic items; Chlorine, Liquid hand wash, Toiletries and ORS for patients.

Special Appreciation to our partners/Sponsors for playing an instrumental role in the fight against the outbreak;

- Augusta
- Griffins Medical Ltd
- Pharmanova
- Shalina
- HPCZ
- Mum's Care Hospital



ZMA Donates to the Cholera Centre



Cholera Community sensitization



ZMA Visits Members working at the National Cholera Centre - Ndola

Commemorating World AIDS Day

The Zambia Medical Association took the lead in commemorating World Aids Day held under the theme, "let the communities lead". The event was held on 1st December, 2023, at OYDC with the Minister of Health as the guest of honor and brought together various stakeholders in the health community. ZMA set up an open air clinic where basic health checkups were offered including BP and Blood sugar check-ups, HIV testing and counseling with linkage to care and condom distribution.



World AIDS DAY

World No Tobacco Day

The significance of World No Tobacco Day lies in its focus on the prevention and control of tobacco use, which is one of the leading causes of preventable deaths worldwide. This year's theme, 'Protecting children from tobacco industry interference,' highlighted the importance of shielding young people from the harmful tactics of the tobacco industry.

On 31st May 2024, the Zambia Medical Association called on all stakeholders to join in the efforts to curb Tobacco

use and advocated for its regulation highlighting the following;

- Ban smoking in public places such as bars, restaurants and common spaces.
- Provide recreational and rehab spaces
- Pass Tobacco regulation
- Enforce Sin Tax
- Ban access by minors.

Health Awareness - Weekly Programs

Continued public education on radio and television on various Public health issues by ZMA members is vital to ensuring improved knowledge and health seeking behavior. These activities need to be increased and decentralized for wider coverage. This is a call to all ZMA members to actively participate and educate our citizens on pertinent issues that affect their health.



Health awareness programs



Weekly Programs



Weekly Programs

MWAZ HOSTS THE MWIA REGIONAL CONGRESS

■ Dr. Joyce Sakala



In the second quarter of 2024, The Medical Women Association of Zambia hosted the Medical Women’s International Association (MWIA) Regional congress for Near East and Africa from 8th to 10th May, 2024 under the theme **“Health Equity through Partnerships, Innovation and Research”** in line with the MWIA triennial theme, **“One Humanity, Health Equity through our Partnerships.”**

The congress was hosted in Livingstone, Zambia and was well attended by more than 350 local and international delegates. Some of the notable delegates included the MWIA President, Dr. Eleanor Nwadinobi, MWIA past President Dr. Clarissa Fabre, MWIA President elect, Dr. Amany Asfour. The WHO Director for Africa, Dr. Matshidiso Moeti gave a keynote speech virtually and was honoured with a lifetime achievement award for her public health work in Africa and globally. The guest of honour was Former Minister of Health, Ms. Sylvia Masebo, MP who also received a Health Excellence award for her contribution to public health.

The Congress had interesting 3 days’ deliberations with important takeaways including a call to increase maternity leave to at least 6 months in countries that give less paid leave to new mothers, among other resolutions. It was well supported by the Ministry of Health, Zambia Medical Association(ZMA), PATH and many different partners.



Delegates at MWIA regional congress



MWAZ President, Dr. Joyce Sakala shares a light moment with former Minister of Health and International delegates

RDAZ ANNUAL SCIENTIFIC CONFERENCE AND AGM 2024: A RESOUNDING SUCCESS!

■ Dr. Mweushi Mphande



The Resident Doctors Association of Zambia (RDAZ) hosted its Annual Scientific Conference and Annual General Meeting from April 5th to 6th 2024, in Kitwe under the theme, **“Innovative and Solutions: Shaping the future of healthcare in Zambia”**.

The event was attended by more than 250 medical professionals across the country. It provided a platform for sharing knowledge and discussing innovations in the healthcare sector. The event was graced by former Minister of Health, Honourable Sylvia T. Masebo MP, whose address gave insights into the Government’s commitment to pioneering healthcare solutions.

The Annual General Meeting on the last day saw the adoption of the first ever RDAZ Council Bylaws, the selection of the new electoral commissions to oversee the 2025 national executive elections and the Presentation of the first ever RDAZ externally audited financial reports.

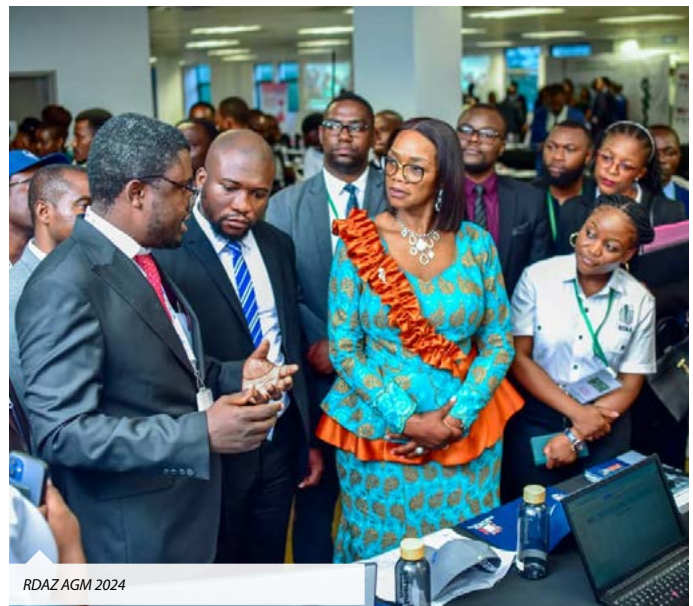
The conference’s success was underpinned by the generous support of several key sponsors, including IHM, JSH, HPCZ, Shalina, Augusta Pharmaceuticals, FNB, ZMA, Onyx Technologies, and Xtenda. Looking forward to the next RDAZ Scientific Conference and Elective Annual General meeting scheduled for April, 2025.



RDAZ Invited Officials



Delegates during the RDAZ Scientific Conference



RDAZ AGM 2024



SmartCare Pro

SmartCare Pro is the latest iteration of Zambia's national Electronic Health Record (EHR) system, following its predecessors, SmartCare Legacy and SmartCare Plus.

As the most advanced version of SmartCare, SmartCare Pro introduces a centralized architecture, eliminating the reliance on traditional database systems. This architecture ensures real-time data availability, enhancing decision-making processes. The system includes embedded clinical guidelines to assist clinicians in providing optimal care. Additionally, decoupled reporting features allow for faster report generation, while new clinical functionalities, such as partograph tracking, surgical data management, and under-five child monitoring, improve overall usability. SmartCare Pro is also upgraded to meet PEPFAR MER 2.7 standards, ensuring seamless integration and reliable performance across healthcare facilities.

The primary principles of the design philosophy include:

- ✔ **Clinical End User-Centric Design:** SmartCare Pro is designed based on a fundamental and universal approach to medical record-keeping, adhering to a standardized system that ensures consistency across all clinical modules. This approach follows the principle of "same patient everywhere," ensuring that patient records are uniform and accessible throughout the healthcare system. The system is designed with direct input from clinical staff and healthcare providers, making it intuitive, efficient, and tailored to their daily needs. This focus on user needs aims to boost user satisfaction and productivity.
- ✔ **Flexibility and Scalability:** The modular architecture of SmartCare Pro allows for easy customization and scalability. Healthcare facilities can tailor the system to their specific needs and expand its capabilities as required, whether by adding new modules or integrating with external systems.
- ✔ **Security:** Security is paramount in healthcare IT systems. SmartCare Pro employs advanced security measures, including encryption, access controls, and audit trails, to protect patient data and comply with regulatory requirements. These features ensure that patient information remains secure and protected from unauthorized access.
- ✔ **Futureproofing:** SmartCare Pro is designed to adapt to emerging technologies and the evolving landscape of healthcare. The system is built with a commitment to continuous improvement and innovation, ensuring its relevance and effectiveness in addressing future challenges and opportunities.

SmartCare Pro represents a new era in healthcare IT, combining user-centric design, flexibility, security, and futureproofing to create a system that evolves with the needs of healthcare providers and their patients.

ZAMBIA COLLEGE OF MEDICINE AND SURGEY(ZACOMS) HOLDS ITS 4TH GRADUATION

The Zambia College of Medicine and Surgery (ZACOMS) is a specialist training body that was established via a tripartite agreement involving Ministry of Health, Health Professions Council of Zambia (HPCZ) and Zambia Medical Association with the mission to “provide equitable access to cost-effective specialist care as close to the family as possible” in order attain Universal Health Coverage.

The Zambia College of Medicine and Surgery (ZACOMS) held its 4th graduation ceremony on 13th June, 2024. At least 79 candidates successfully graduated from different specialties in the field of Medicine during the colorful event held at the Levy Mwanawasa Medical University in Lusaka.

The association remains committed to fostering and supporting Government’s efforts to advance specialist care and professional growth through ZACOMS.



2024 ZACOMS Graduation

As a key stake holder in the health sector and health policy, ZMA has among key strategic policy inputs submitted the following to parliament;

1. The devolution of primary healthcare services to local authorities. it is envisaged that with proper execution, the devolution of Primary Healthcare services, will enhance service delivery by improving:
 - Accountability
 - Responsiveness
 - Inculcate a sense of program ownership and inclusivity in decision making
 - Foster Equity
 - Lead to enhanced and localized decision-making and managing of arising health issues.
2. Health and Social Sector Budget Allocation Analysis Memorandums were submitted to parliament and have been instrumental in shaping these policies.



ZMA Secretary General, Dr. Oliver Kaoma making a presentation on Sector Budget Analysis in parliament.



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INDUCTION OF STUDENTS

■ Mwape Kenani

The Country has this year produced over 800 Medical Doctors from various Medical Universities. However, majority of the newly inducted medical doctors remain in unemployment. ZMA has continued to engage Government and key stakeholders in the health sector to seek lasting solutions to the growing gap.



The Copperbelt University Micheal Chilufya Sata - School of Medicine



Cavendish University



Lusaka Apex Medical University



University of Zambia, newly Inducted doctors reciting the Hippocratic Oath.

INTERNATIONAL EDUCATION PARTNERSHIPS

■ Mwape Kenani

ZMA has been intentional in collaborating with both International and regional Associations in fostering relationships and an exchange of ideas on matters of primary healthcare and innovative solutions to address the ever emerging health concerns arising globally. ZMA Association President, Dr. Kaumba Roy Tolopu has taken a front step in actively representing the association on various education platforms.



The Stop TB campaign in India organised by the Indian Medical Association and Commonwealth Medical Association in June, 2024



KMA Scientific Conference and AGM, April, 2024



World Medical Association General Assembly in Kigali, Rwanda



KMA Scientific Conference and AGM, April, 2024

ZMA PARTNERS WITH ZAMBIA INSTITUTE OF BANKING AND FINANCIAL SERVICES (ZIBFS)

■ Mwape Kenani

The Zambia Medical Association has continued to partner with the Zambia Institute of Banking and Financial Services (ZIBFS) in providing clinical services to the participants at the annually held Bankers Sports Day event. This year's event was held at Olympic Youth Development Centre (OYDC) on 18th May, 2024. The event was graced by Sports Permanent Secretary -Mr Kangwa Chileshe as Guest of Honor and representing the ZMA Public Health Chair person was Dr. Benedicto Njovu who gave a health talk on lifestyle and Non-Communicable Diseases.

ZMA remains open to partner with organizations, stakeholders and other players in the health sector in promoting awareness, educating and informing the masses on healthcare.



ZIBFS - Bankers Sports Day



ZMA Members volunteer offer services during the Open Air Clinic

YASH HEROES MARATHON

As a way to encourage health lifestyles amongst our members, ZMA joined the Yash Heroes Marathon on 1st July, 2024 to commemorate Heroes Day, this saw some members participate in the 42.2Km, 21.1Km, 10Km and 5 Km races.

Special thanks to Yash Life Sciences for making this possible. ZMA remains open to collaborate with various stakeholders in promoting and raising awareness on health lifestyle and activities.



Yash Heroes Marathon



Yash Heroes Marathon

THE ZMA 2023 ANNUAL BALL AND AWARDS GALA

ZMA Secretariat

In spite of the tight schedules and demanding jobs, our medical heroes take time at the end of each year to celebrate, dine together and reflect on various achievements accomplished during the year. Last year's Annual Ball and Awards Gala was held at The Taj Pamodzi Hotel on 8th December, 2023. The event attracted over 400 people and the Guest of Honor was Former Minister of Health, Honorable. Ms. Sylvia, MP. Many members were recognized for the key achievements scored during the year. In addition, ZMA recognized Corporate partners that have consistently partnered with the association and media institutions that have played a key role in disseminating information. Below is a summary of the 2023 ZMA Award recipients:

No.	AWARD CATEGORY	NAME OF AWARD RECIPIENT	SPONSOR
1	ZMA PRESIDENTS AWARD	DR. CHARLES MUTEMBA	YASH LIFE SCIENCES
		DR. MAUREEN CHISEMBELE	YASH LIFE SCIENCES
2	ZMA LIFE ACHIEVEMENT AWARD	DR. THERESA KAFULA	UNIVERSITY OF LUSAKA
		DR. BRUCE BVULANI	UNIVERSITY OF LUSAKA
3	ZMA MERITORIOUS AWARD	DR. KONDWELANI JOHN MATEYO	YASH LIFE SCIENCES
		DR. LUCHENGA ADAM MUCHELEN'ANGA	YASH LIFE SCIENCES
4	ZMA MID-CAREER OUTSTANDING	MR. ALICK BWANGA	YASH LIFE SCIENCES
5	ZMA YOUNG DOCTORS AWARD	CAPT DR. ZOMBE MAZIMBA	YASH LIFE SCIENCES
7	ZMA LIFE MEMBERSHIP AWARD	DR. MARY M. ZULU	ZAMBIA MEDICAL ASSOCIATION
		DR. ELIZABETH CHIZEMA	ZAMBIA MEDICAL ASSOCIATION
		PROFESSOR ETIENNE ODIMBA	ZAMBIA MEDICAL ASSOCIATION
8	EARLY BIRD PRIVATE MEMBER	Dr. KENNEDY MALAMA	YASH LIFE SCIENCES
9	MEDICAL JOURNAL OF ZAMBIA	DR. JOHN KACHIMBA	AUGUSTA/MYLAN
10	ALL WEATHER FRIEND-NGO/PRIVATE HOSPITAL	ZAMBIA AIR FORCE	ZAMBIA MEDICAL ASSOCIATION
		PROGRESS MEDICAL CENTRE	ZAMBIA MEDICAL ASSOCIATION
		PEARL OF HEALTH HOSPITAL	ZAMBIA MEDICAL ASSOCIATION
11	CORPORATE SOCIAL RESPONSIBILITY	AUGUSTA/MYLAN	ZAMBIA MEDICAL ASSOCIATION
		YASH LIFE SCIENCES	ZAMBIA MEDICAL ASSOCIATION
		PRUDENTIAL LIFE ASSURANCE ZAMBIA	ZAMBIA MEDICAL ASSOCIATION
		IK CHARITABLE TRUST(NEIRA INVESTMENTS)	ZAMBIA MEDICAL ASSOCIATION
		FIRST NATIONAL BANK	ZAMBIA MEDICAL ASSOCIATION
12	MOST SUPPORTIVE MEDICAL STUDENT	STANBIC BANK ZAMBIA	ZAMBIA MEDICAL ASSOCIATION
		MS. SUMI MUKUKA	AUGUSTA/MYLAN
		MR. EMMANUEL TEMBO	AUGUSTA/MYLAN
		MR. ALEFA DAKA	AUGUSTA/MYLAN
		MR. CHITAMBALA MWEWA	
14	MEDIA AWARDS	PRINT- MS. MONICA MAYUNI KAYOMBO(Daily Mail)	ZAMBIA MEDICAL ASSOCIATION
		ELECTRONIC (RADIO)- MS. PATRICIA MBEWE(Phoenix FM)	ZAMBIA MEDICAL ASSOCIATION
		ELECTRONIC (RADIO) - MR. SHAMWINDA TEMBO (Hot FM)	ZAMBIA MEDICAL ASSOCIATION
		ELECTRONIC (TV)- MS. CHILESHE MALUNGILA(ZNBC)	ZAMBIA MEDICAL ASSOCIATION
		ONLINE-MR FIZZER HACHINTU (Mwebantu Media)	ZAMBIA MEDICAL ASSOCIATION
15	ARTIST AWARD	CULTURAL GROUP-AFRICA DIRECTIONS	ZAMBIA MEDICAL ASSOCIATION



ZMA Young Doctors Award



ZMA Presidents Award



Guest Artist - Yo Maps

APPENDIX:

THE 2024 SCIENTIFIC CONFERENCE AND AGM SCHEDULE

I: OBITUARIES -

From September, 2023 - July, 2024

- | | |
|---|--|
| 1. Dr. Philip Luswepo Mukwavi - 3 rd September, 2023 | 8. Dr. Waza Francis Kaunda - 3 rd June 2024 |
| 2. Dr. Fidelis Lungu - 5 th January, 2024 | 9. Dr. Kutemba Ngowanyi - 4 th June, 2024 |
| 3. Dr. Alex Mushikita Nkandu - 27 th January, 2024 | 10. Dr. Rutagwera Jean-Marie Vianney - 22 nd July, 2024 |
| 4. Dr. Masumba Masaninga - 9 th February, 2024 | 11. Dr. Fred Mulambya - 26 th July 2024 |
| 5. Dr. Sichilindi Harold Siwale - 8 th February 2024 | 12. Dr. Ngalula Benjamin Mulamba - 25 th July, 2024 |
| 6. Dr. Philip Kashimu - 17 th April 2024 | 13. Dr. Samson Simbarashe Mundia - 23 rd July, 2024 |
| 7. Dr. Jean-Paul Kandolo Nzinga - 18 th April 2024 | 14. Dr. Pule Mapulanga - 26 th July 2024 |

"As we remember those we have lost, may the Spirit of excellence, compassion and dedication within our medical community continue to inspire and guide us in our shared journey."

II: SCIENTIFIC COMMITTEE

The ZMA 2024 Scientific Committee is a Seven (7) member panel of experienced and well published academicians. Below is the Team that will preside over the 2024 Scientific Conference.

1. Professor Bellington Vwalika- Chairperson
2. Professor Kasonde Bowa- Vice Chairperson
3. Dr. William Kilembe- Secretary
4. Dr. Violet Kayamba
5. Dr. Maria Akani
6. Dr. Katongo Hope Mutengo
7. Dr. Veronica Mulenga.



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STATINOR

Rosuvastatin 10 mg / 20 mg Tablets

Irbis

Irbesartan 150 mg / 300 mg Tablets

Irbis-HT

Irbesartan and Hydrochlorothiazide Tablets 150 mg/12.5 mg & 300 mg/12.5 mg

PREGA

Pregabalin 75 mg / 150 mg Capsules

LAZINE

Levocetirizine Dihydrochloride Tablets 5 mg

MIG SPRAY



PILESEPTIN GEL



THE ZAMBIA MEDICAL ASSOCIATION

2024 Annual General Meeting and Scientific Conference

Date: 30th - 31st August, 2024

Theme: "Addressing local and global health challenges by building Climate resilient, responsive and E-smart Healthcare Systems."

DAY 1
30/08/24

TIME	TOPIC/ACTIVITY & PRESENTER	PRESENTER/MODERATOR
08:00	Registration	Secretariat
08:30	Welcoming Remarks	Dr. Kaoma Oliver - ZMA Secretary General (SG)
08:40	Opening remarks by the ZMA President	Dr. Kaumba Tolopu – ZMA President.
1st SESSION:		
08:50	Knowledge, attitude and practice of SmartCare among health workers in out-patient department at Solwezi General Hospital- Cross-section descriptive study - Dr Francis Zulu	Prof. Bellington Vwalika
09:00	Medical Drone Technology Situation Analysis in Zambia - Dr. Chilambwe	
09:10	Plenary discussion	
09:20	Sonergy Diagnostics - Mr. Sun Mung'omba - Field Application Specialist	ZMA SG
09:40	Institute for Health Measurements-Southern Africa - Mr. Patrick Shabangu-Project Director	
10:00	Morehouse School of Medicine - Ms. Nikita Toppin Dera -Director	
10:15	Introducing a National Electronic Severe Malaria and Death Audit Form in Zambia - Dr. Stephen Bwalya	
10:15-10:25	Tea Break	
2nd SESSION: Keynote addresses		
10:25	1. Address by ZNPHI - Prof. Roma Chilengi	Dr. Oliver Kaoma
10:35	2. Address by DMMU - Mr. Titus Ng'andu	
10:45	3. Address by WHO - Dr. Shikanga O-Tipo	
10:55	Plenary discussion	Dr. Chihena Banda
11:05	Alcohol reduction outcomes following brief counseling among adults with HIV in Zambia: A sequential mixed methods study - Dr. Asombang	
11:13	Aiming for local malaria elimination: implementing the single low-dose primaquine pilot in Sinda, Zambia - Dr. Stephen Bwalya	ZMA SG
11:21	Augusta/Mylan	
11:41	Yash Life Sciences	
3rd SESSION:		
12:01	Burden of head injuries in Eastern Province, Zambia: A retrospective hospital-based study - Dr. Sipalo Kabelele	Prof. Kasonde Bowa
12:11	Determining the Accuracy of Blood Pressure Measuring Machines in Tertiary Hospitals in Copperbelt Province, Zambia - Dr. Venevivi	
12:21	Presentation of RTAs and Injuries by RTSA – Eng. Mubanga Mulenga – Acting Deputy Director RS.	
12:26	Plenary discussion	
12:36	Shalina Pharmaceuticals - Ms. Niza Kopa -Manager - Marketing	ZMA SG
12:56	Eden University - Dr. Flavein N. Bumbangi –Acting Deputy Vice- Chancellor	
13:16	Lunch	
4th SESSION		
14:20	An Evaluation of the Cost of Human Papilloma Virus (HPV) Vaccine Delivery In Zambia - Dr. Moses Simuyemba	Dr. Alex Lwando
14:30	Kidney transplant Program - Dr. Aggrey Mweemba	
14:40	Plenary discussion	
14:50	Child Sexual Assault: A Public Health Threat. Review of program data at UTH One-Stop Centre, Lusaka Zambia - Dr. Ginwalla	ZMA SG
14:58	International Drug Company	
15:18	Toyota/ CFAO	
5th SESSION:		
15:28	Demographic and Socioeconomic Characteristics of Adults with Neurocysticercosis-associated Epilepsy at the University Teaching Hospital in Lusaka, Zambia - Dr. Diwell Mwansa	Dr. Alick Bwanga
15:36	Tea Break	POSTER PRESENTATIONS



THE ZAMBIA MEDICAL ASSOCIATION

2024 Annual General Meeting and Scientific Conference

Date: 30th - 31st August, 2024

Theme: "Addressing local and global health challenges by building Climate resilient, responsive and E-smart Healthcare Systems."

TIME	TOPIC/ACTIVITY	PRESENTER/MODERATOR
BOAT CRUISE ANNOUNCEMENT		
16:00	Female Genital Schistosomiasis Lesion Resolution Post-Treatment with Praziquantel in Zambian Adults - Dr. Chishiba Kabengele	Dr. Alick Bwanga
16:08	Penile cancer in the setting of HIV and HPV infections in Zambia - Dr. Victor Mapulanga	
16:16	Thermo Fisher Scientific	ZMA SG
16:26	Ethypharma	
16:36	APOLLO group of Hospitals	
16:46	Feedback from the Scientific Committee	ZMA MERB
End of Day 1.		
17:00	Optional personal/professional branding session	

DAY 2

31/08/24

TIME	TOPIC/ACTIVITY	PRESENTER/MODERATOR
08:00	Registration	Secretariat
08:30	Recap of day 1	ZMA MERB - Dr. Chuma Njovu
08:35	Innoray	ZMA SG/ Publications Chairperson
08:45	Presentation by ICAP	
08:55	PATH - Dr. Ernest Muyunda	
09:05	Dr. Javia's Medical Center	
09:25	Kims Group of Hospitals	
09:35	Mylan/ Augusta Ltd.	
09:50	International Drug Company -	
10:05	TEA BREAKS	Secretariat
10:30	Welcoming remarks	ZMA SG
10:35	President's Speech	ZMA President
10:45	Speech and Official Opening by Guest of Honor - Minister of Health – Honorable Dr. Elijah Muchima, MP.	ZMA SG
11:30	Vote of thanks by ZMA Vice President – Dr. Alex Lwando	
11:35	Tour of exhibitions by Guest of Honor	ZMA Exco
11:50	Annual General Meeting Session	
11:55	Apologies and Obituaries	
12:00	Adoption of Agenda	ZMA SG - Dr. Kaoma Oliver
12:05	2023 AGM minutes and matters arising	
12:15	Auditor's report - Mr. Richard Nyirenda	
12:20	Treasurer's Report	Dr. Francis Simusika
12:35	President's Report	
12:45	Plenary	Dr. Kaumba Tolopu
13:00	Recognition of International Guests	ZMA President
13:10	LUNCH	ZMA Secretariat
14:20	Presentation on ZMA Bill by Deputy Chief Parliamentary Counsel – Ms. Olipa S. Jere	ZMA SG
14:30	Update from ZMAC - Board Chair – Dr. Kevin Zimba	
14:45	Presentation on Devolution - Rep. from Ministry of Local Government	
14:55	Plenary	
15:15	TEA BREAK	
15:30	AGM resolutions	Council Chairperson – Dr. Quagy Siamalambwa
	Dissolving EC and ratification of the 25-26 EC	
16:45	Closing Remarks and adjourning of AGM	ZMA President
18:30	DINNER - AFRICAN NIGHT at the BOMA	ZMA Secretariat



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