



# ZAMBIA MEDICAL ASSOCIATION

**2022**

Scientific Conference and  
Annual General Meeting

*Annual Newsletter*  
- August 2022

**THEME:**

**“Harmonizing the National Response to Emerging Public Health Threats: Lessons from the COVID-19 Pandemic.”**

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The programmes consist of four (4) stages. The first three stages constitute the taught component while the fourth stage is the research/dissertation component. However, Master of Laws and Master of Philosophy in Law have only three (3) stages in which the first two stages are the taught component and the third stage is the research/dissertation component.

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- Master of Arts in Educational Administration & Management
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- Master of Science in Finance and Accounting
- Master of Science in Auditing
- Master of Science in Risk Management
- Master of Science in Insurance and Pensions Management
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- Master of Science in Public Finance and Taxation
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Environmental Law | Intellectual Property | Health Policy |  
Health Care Management | Health Promotion

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President  
Dr. Crispin Moyo

## EXECUTIVE SUMMARY

Distinguished members of the profession, international delegates, the media and our corporate partners, on behalf of the Zambia Medical Association National Executive Committee, I happily welcome you all to the 58<sup>th</sup> Scientific Conference and Annual General Meeting. It has been ten months since the profession gathered in such a manner to deliberate on important matters of particular interest to the profession. I consider it a great privilege that we have all gathered in this manner today considering that we are coming from a very devastating period where Covid-19 ravaged the entire universe and indeed left deep wounds in our country and the medical fraternity as some of our dear colleagues succumbed to the scourge and could not make it to today's meeting. May their souls continue resting in peace.

Although today the Covid-19 picture is different, it still lives amongst us. The global community has indeed been grappling with the tremendous impact caused by this disease and Zambia has not been spared. Having witnessed the impact on health systems to the extent of almost collapsing the systems in place, as well as its impact on the socio-economic status of many nations including Zambia, it is indeed humbling to note that a lot still has to be done to strengthen our health systems.

Despite the devastating effects of the COVID-19 pandemic, I remain determined and optimistic that the lessons learnt have better prepared us to face any challenge with hope. It is for this reason that I and my executive remain determined to serve you better.

In the last 10 months, we have made strides towards passing our Zambia Medical Association Bill as we have engaged multiple stakeholders and thus built tremendous interest around our Bill from lawmakers and we are hopeful and looking forward to have this bill passed.

As was promised before we took over office, the ZMA constitution also underwent a review process and has since been amended and it is now up to the membership to scrutinize it and either veto or ratify it. What is important however is that the constitution has to be a membership driven constitution that puts the interest of membership above all else.

In the last 10 months, we also took the liberty to work on our strategic plan for the next five years as the one we had been using came to an end. We are hopeful that this strategic plan serves the greater interest of the membership and that it will suffice for the next 5 years.

We have also been an executive that is proactive and swift to respond to issues affecting the profession. In the last 10 months we have had to respond swiftly and proactively to issues brought to our attention. We have never held back from expressing our concerns and to that effect we have participated in radio programs, television programs and given interviews on many issues affecting the profession and the nation. We have had to make our position known on a number of issues such as the lack of drugs in public hospitals, the recruitment of healthcare workers, restructuring of the Ministry of Health, Licensure exams, restructuring internship, motivation and promotion of our members, COVID-19 vaccinations, cholera outbreak and we have also spoken against unjust victimization of some of our members.

We have also deepened our external relationships and collaborations with other medical associations and corporate partners.

We have also maintained visible presence during international/world health days such as the World Hydrocephalus Day, International Women's day among others.

We have also made a lot of strides with our Care for the Caregiver. We have held sessions and trained our members on how to give psychological first aid, a component that the Public Health Committee chairperson will deliberate on in detail during the AGM.

We remain hopeful that our hospital initiative will take shape. We are still very much interested in having a first class hospital with majority owners being members of the profession.

As we work through the final term as an executive, we are resolved to consolidate on the gains of the last 10 months and continue to catapult our association to greater heights.

I pray that we may live to witness progressive strides in our individual and collective existence and may God bless the Zambia Medical Association.



**Secretary General  
Dr. Kaumba Roy Tolopu**

## INTERPRETATION OF THE THEME

This year's theme for the 58th Scientific Conference and AGM is; "Harmonizing the National Response to Emerging Public Health Threats: Lessons from the COVID-19 pandemic."

The motivation for this year's theme stems from the recognition of the fact that the healthcare system in Zambia remains a work in progress and is still bewildered by a lot of issues ranging from poor funding, poor healthcare infrastructure, inadequate manpower worsened by increasing levels of unemployment in the health sector and the continued and seemingly unstoppable brain-drain from public institutions to private institutions and indeed internationally, all this as a result of healthcare workers seeking greener pastures. At the core of brain drain is the lack of motivation amongst healthcare workers and the challenges faced by a lack of infrastructure development especially in the public sector. All these things amidst a deadly pandemic left the healthcare sector in Zambia almost crippled during the peak of the COVID-19 pandemic.

The pandemic thus serves as an eye-opener for all parties involved to go back to the drawing board and put in place a healthcare system that is proactive as opposed to one that is reactive, especially in the face of emerging public health threats.

There's an urgent need to learn from the Covid-19 pandemic experience and strengthen our healthcare systems, not just in theory but in practical terms too. The last 24 months were quite challenging, stressful, emotional and depressing for the world at large. As a consequence of that, there was a shift towards enhanced surveillance for Covid-19 to the effect that other prevalent and equally deadly diseases may have been neglected. It is thus imperative that as we emerge from this pandemic, we should not forget other communicable and non communicable diseases that have continually remained a nuisance to the Zambian population and still continue to claim many lives, diseases such as HIV/AIDS, tuberculosis, stroke, cardiac diseases, maternal issues, mental health issues to mention but a few. As a nation, as healthcare workers and indeed especially as medical doctors, the Covid-19 experience has left us with two choices; either we accept the challenges and pitfalls exposed by the COVID-19 pandemic as a global phenomenon or rise to the challenge and build a resilient health system for Zambia by Zambians.

As Zambia Medical Association, we believe that the greatest lesson learnt from the pandemic is that the country needs to invest more in healthcare financing and that is our message to all our major stakeholders. We also believe with utmost certainty that we are only strong together as a nation.

*2nd Corinthians 4 v 8  
and 9:*

*"We are hard pressed  
on every side, but not  
crushed; perplexed,  
but not in despair;  
persecuted, but not  
abandoned; struck down,  
but not destroyed."*



## EXECUTIVE UPDATE

### ZMA COUNCIL DELIBERATES: TOPICAL ISSUES AFFECTING MEMBERSHIP ADDRESSED

As per constitution, the provincial council members and ZMA executive deliberate on council resolutions submitted by ZMA membership. This year's council meeting was held at Ceila Resort in Chongwe District. All the Chapter Chairpersons and committee members were in attendance in this important undertaking and the resolutions will be presented to the highest decision making body of the Association, the Annual General Meeting.



### ZMA BILL - Dr. Patricia Shinondo

ZMA at present is registered under the Registrar of Societies, which means we are limited in our scope of 'effect' and also in how stakeholders recognize us. The ZMA Bill will therefore speak to autonomy, self-regulation and independent control. Being an Act of Parliament would dictate that we would be authorities in the medical sphere and not a mere advocacy group, as we are today. The Bill will speak or refer to the future of ZMA as the current ZMA continues to be governed by the constitution.

#### Status & Next Steps.

The initial Technical Working Group (TWG) set up by immediate past National Executive Council (NEC) set up the first draft of the ZMA Bill. A second TWG edited the first draft to ensure it spoke to current times/challenges. This was followed by a dissemination meeting for senior colleagues in the profession that was held on 23<sup>rd</sup> April, 2022 to foster their buy in and support, and ensure their advocacy for the Bill. An update was then given to Council and approval sought to proceed with next planned steps which include stakeholder engagements, regional dissemination meetings, and final review incorporating submissions or suggested edits prior to commencing the process of parliamentary submission.

### ZMA CONSTITUTION REVIEW PROCESS

Following an Annual General Meeting (AGM) resolution that gave the mandate to conduct a constitutional review process from 2019 AGM, the process began by constituting a working group consisting of past ZMA presidents, members of ZMA Council (past and present), esteemed senior colleagues in the profession and the current National Executive Committee.

The draft version with highlighted edits was sent out to membership on 13<sup>th</sup> July, 2022, in a bid to have members give their input and send in submissions prior to the Annual General meeting.

Once the final draft is compiled, it shall require approval of ZMA Council to be presented at the 2022 AGM for either ratification or vetoing by the membership.



Senior colleagues in the profession discussing the ZMA Bill



## PUBLICATIONS - Dr. Malan Malumani

The Medical Journal of Zambia (MJZ) aims to become an internationally indexed and respected journal in the next 2 - 3 years. To achieve this objective, continual growth and improvement are essential and the following brief report outlines a number of actions that need to be called out to improve the journal (both online and hard copy versions) that will allow for indexing in identified databases with our target being PubMed central. In this new strategic plan. Under the Publications chairperson, fundamental objectives have been earmarked with innovative strategies devised to ensure the attainment of these milestones. We have scored on some of our campaign promises and others are still in the pipeline. This report looks at the following aspects for improvement:

1. Journal design elements - done
2. Operations and structure of the ZMA Publications Board as the Publisher's representative - in progress
3. Journal policies that need to be developed and publicly displayed on the journal versions and website - done
4. Recommended indexes and actions to be taken to allow for application for inclusion - in progress

Despite these efforts, unique barriers remain that continue to hinder the growth and expansion of our medical journal and in instances posing threat to the journal's existential status. However, we are constituting a team that is each to the task.

My sincere appeal to the membership is to see how you can get involved in the activities of the journal by either publishing your work with MJZ or being a reviewer. We are stronger and better together.

## ZMA - HPCZ COMMITTEE

- Dr. Kaoma Oliver

In tandem with the ZMA's mission and vision, the ZMA-HPCZ committee embarked on several actions to enable the realization of the ZMA vision. Upholding professional and ethical standards by all professionals is fundamental to the attainment of the highest possible quality of healthcare provision.

In the past year, the committee deliberated and worked on a number of key issues that are not only critical to the profession but to the national health security.

### 1. Licensure Exams for all would be Health practitioners:

As per AGM resolution, strides towards the reintroduction of this vital quality assurance measure have reached an advanced stage. Stakeholder engagements have been held successfully to map the implementation strategies and build a framework for the exams. ZMA remains committed to bringing this to fruition.

# INVESTMENT CALL



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## 2. Restoring professionalism and institutional integrity:

To realize our aspirations of being torch bearers of professionalism and excellence in the health sector, it is imperative that our ZMA members are well informed and conduct themselves to the highest possible ethical standards. Our members should equally be equipped with knowledge on how to establish or legally provide private health services. In this regard, the committee in collaboration with HPCZ successfully conducted two webinar series addressing the lacunas with respect to:

1. Professional misconduct and the code of ethics.
2. The disciplinary process
3. Proper handling and documentation of medical records.
4. Requirements for opening or venturing into private practice.

Work is underway to institutionalize and incorporate topics 1, 2 and 3 into the ZMA/HPCZ annual calendar or as a pre-induction requirement for all fresh graduates and this will be accessible through the CME portal.

## 3. Restoration of practising licenses:

Suspension of practising licenses for alleged negligence or professional misconduct often deprives the affected institution of the much-needed and scarce human resource. The committee, working with HPCZ, successfully implemented the first capacity-building (mentorship) approach for officers whose licenses had been suspended for alleged negligence. With this approach, the officer is probationally restored under supervision for 6 months under a certified consultant.

## 4. In progress

HPCZ fees for residents and nonresidents: necessary engagements have been done but could not progress further in the absence of an HPCZ board. ZMA hopes for a positive outcome for its members following the appointment of the new board members.

## 5. Review of the Core competencies manual for the licensure exams.

I wish to commend all the committee members, stakeholders and ZMA members for the cooperation.

## MEDICAL EDUCATION AND RESEARCH BOARD

### State of Play: The Future of Medical Education

- Dr. Chileshe Mabula

The 21<sup>st</sup> Century represents probably the most dynamic and critical period in Zambia's history for the training and supply of medical doctors. Locally, 9 accredited institutions are offering a primary medical qualification as of July 2022, in addition to the growing cadre of Zambian doctors trained internationally. These doctors collectively represent a powerful response to the current critically low numbers available in the healthcare system. Zambia Medical Association remains dedicated to ensuring that this highly-trained and dedicated cadre is fully absorbed and deployed to serve the nation, with appropriate supervision and fair remuneration for their services.

The developments in the medical training landscape also represent potential future challenges in terms of standardization of training; Government capacity to incorporate trainees for the purpose of supervising internship; and pathways for advancement in Zambia's evolving healthcare sector. Indeed, some may argue that "the future is now".

ZMA stands in full support of rolling out Licensure Examinations to assess the readiness of doctors entering mandatory rotational internships. ZMA also continues to lobby Government for inclusion of medical practitioners in the Small and Medium Enterprise agenda, development of the nation's Tourism and Research sectors, and input at all levels of discussion and leadership, particularly those related to health: from clinical care to research, policy and implementation; security to management, financing, ethics, medicolegal considerations, education and beyond.

The 2019 ZMA AGM passed a resolution to host a national Indaba on the future of medical training in and for Zambia. As new training programmes, specialties and subspecialties emerge, both at undergraduate and postgraduate level, ZMA is hard at work organizing and curating representation at this heavily anticipated meeting. Submissions to and outputs from the Indaba will be used to inform the direction and action of ZMA lobbying and activities. The proposed broad discussion themes are: Undergraduate Training, Internship, Postgraduate Training and Career Progression, with Financing solutions as a through-line for all thematic discussion. ZMA welcomes and looks forward to member submissions. Updates will be provided soon.

### Undergraduate Medical Training Institutions Accredited in Zambia (01 August 2022)

No.	Name of Institute	Location	Year Established
1	Cavendish University School of Medicine	Lusaka	2011
2	Eden University School of Medicine	Lusaka	2020
3	Levy Mwanawasa Medical University	Lusaka	2019
4	Lusaka Apex Medical University	Lusaka	2010
5	Michael Chilufya Sata School of Medicine	Ndola	2011
6	Mulungushi University School of Medicine	Livingstone	2016
7	Texila University School of Medicine	Lusaka	2016
8	University of Lusaka School of Medicine	Lusaka	2019
9	University of Zambia School of Medicine and Health Sciences	Lusaka	1974

## MEMBERSHIP OUTREACH



CIDRZ CEO-Dr. Izukanji Sikazwe, ZMA President, Dr. Crispin Moyo, ZMA Public Health Chairperson, Dr. Naeem Dalal and ZMA Vice-President, Dr. Patricia Shinondo.

### CIDRZ DONATED COVID-19 TEST KITS AND LABORATORY SERVICES TO ZMA THROUGH THE CARE FOR CAREGIVER TASKFORCE.

The Centre for Infectious Disease Research in Zambia (CIDRZ) on 30<sup>th</sup> September, 2021 donated COVID-19 test kits to The Zambia Medical Association (ZMA) amounting to ZMW 198,000. This donation was to cater for 1125 Covid-19 tests for frontline Staff and Care givers. In addition, CIDRZ offered its laboratory services such as blood tests based in Kalingalinga discounting upto ZMW 50,000.00 to ZMA Members who may wish need them.

Handing over the donation was CIDRZ CEO, Dr. Izukanji Sikazwe who expressed that her organization responded to the call from ZMA on their concern for the need for frontline workers to be tested and as part of ZMA Care for the Caregiver task force. Dr. Izukanji further expressed appreciation to all front line workers and ZMA members for their continued efforts and stated that CIDRZ continues to be a key ally in this fight. In receiving the donation ZMA President, Dr. Crispin Moyo thanked CIDRZ for the support shown stating the kind gesture would not only motivate but also strengthen the profession in preparation of any projected waves of COVID-19.

## CARE FOR CARE GIVER FELLOWSHIP -

Dr. Dalal Naeem

ZMA is pleased to share with its membership that it has been awarded a grant from Prudential Insurance to curate an in-house Care for Care giver support program.

### Fellowship information

The Zambia Medical Association under its care for care giver and wellbeing program is up-scaling its Psychological first aid and health care worker debriefing workshops. The number of members that have been selected for the fellowship are 40 members. With the ambition of reaching all its members through a trainer of trainers approach.

The curriculum of the fellowship includes but not limited to the World Health Organisation validated:

- Psychological first Aid.
- Doing what matters in times of stress.
- Resilience and wellness program.
- Psychological Interventions and debriefing.
- Burnout and Vicarious Trauma informed care.

This training which is taking place from July 2022 through August 2022 will earn participants continued professional development points and validated certificates post training.

### Objectives of the training: Trainer of Trainer

1. Provide debriefing service training to ZMA members to deal with vicarious trauma and boost their resilience and wellbeing.
2. Offer psychological first aid and tailored debriefing session with the aim to:
  - a. Lower levels of stress and distress, and reducing rates of burnout and/ or empathic strain.
  - b. Increasing social support and decreasing feelings of isolation.
  - c. Sharing coping strategies, self-awareness techniques, and resilience tools with peers.
3. To train participants in Psychological First Aid and healthcare support.
4. To orient health care workers on self-care and psychological wellbeing sensitization.



### Expected outcomes

The trained ZMA members will be expected to have:

1. Acquired knowledge in principles of psychological first aid.
2. Gained knowledge on self-care and taking deliberate steps in psychological wellbeing.
3. Feel supported and motivated to work
4. Incorporate psychological first aid support in patient care going forward.

### Training for ZMA Members

ZMA has facilitated a ten (10) week hybrid fellowship. The training started with phase one where selected members upon application submission were invited for a three (3) week online basic psychological interactive course with daily group facilitation through emails and WhatsApp. Phase two of the fellowship involved a four (4) day in-person training of core curriculum. There after the participants will continue the course online with weekly mentorship for five (5) weeks. Selected participants will on completion receive a certificate of completion and be awarded a title of psychological first aiders and be invited to the ZMA health and wellbeing committee.

The sustainable foundation looks forward to have the trained members to train other practitioners in their areas of jurisdiction using the cascade model.



## BRANCH VISITATIONS

- Mwape .K. Kasochi

The ZMA Executive has embarked on visiting its membership across the chapters, the visitations have been across private hospitals such as St John Medical Center, Care for Business Hospital, Fairview Hospital to mention to public institutions such as The University Teaching Hospitals and Levy Mwanawasa University Teaching Hospitals.

These engagements have been deliberately tailored to include partners that ZMA has assigned MoUs with such as Nico Insurance Zambia, Horizon Properties, Malta-Tech and Octagon Financial services so as to bring more awareness to members on what benefits they can get from these understandings



Members from University Teaching Hospitals



Members from Levy Mwanawasa University Teaching Hospitals

## ZMA PARTNERS WITH GLOBAL HEALTH AND MINISTRY OF HEALTH TO OFFER NATIONAL TECHNICAL CAPACITY BUILDING WORKSHOP ON COVID-19 MANAGEMENT AND MENTAL HEALTH SUPPORT

- Dr Naeem Dalal

The training that took place catering all provinces from January 2022 to April 2022 was delivered in a workshop and skills-developing format was tailored to Zambia's health service model incorporating at primary health care and community centered service delivery framework. The unique delivery further focused on incorporating the mental health unit and select health staff from all departments.

One hundred and eighty (180) Zambia Medical Association members and allied health workers from Lusaka, Northern, North-Western, Copperbelt, Central, Southern and Western provinces who are involved in servicing the community benefited from the training sessions and completed the programme. Participants ranged from senior medical superintendents, district health directors, consultants, general medical officers, senior resident medical doctor, junior resident medical doctors, clinical officer psychiatry and licentiates. This training consisted the transfer of theoretical and practical knowledge in line with the required core competencies to practice and manage COVID-19 and mental health. The series of the three day practical training embedded mental health psychosocial interventions that participants were trained in the management of COVID-19. The trained participants will be offering and practicing the core principles of COVID-19 management and embed assessment of men



Participants from North-Western and Copperbelt province at Moba Hotel in Kitwe.

## AFFILIATE SUPPORT

### Zambia Association of Private Hospitals (ZAPH) AGM

-Dr. Abel Mwale

The Zambia Association of Private Hospitals (ZAPH) held its Annual General Meeting at Neelkanth Sarovar Hotel, Lusaka on 5<sup>th</sup> December, 2021. ZAPH's main aim is to promote the development and maintenance of high standards of private health care throughout the country. The Zambia Medical Association represented by the association president, Dr. Crispin Moyo was in attendance.

The event saw the election of the following;

1. President – Dr. Abel Mwale
2. Vice President – Dr. Sarah Taylor
3. Treasurer – Dr. Usha Padmanabhan
4. Vice Treasurer – Dr. Titus Fernando
5. Secretary General – Dr. Namwiinga Ndulo
6. Committee Members – Dr. Nashaat Beshara, Dr. Emilia Marsden and Dr. Rasul.



R-Left, ZMA President-Dr. Crispin Moyo, ZAPH Treasurer-Dr. Usha Padmanabhan, Dr. Edna Chikoye and ZAPH President-Dr. Abel Mwale

### Zambia Dental Association commemorates 'World Oral Health Day'

-Dr. Mwalimu Kamanga

World Oral Health Day falls on 20<sup>th</sup> March, 2022. The Zambia Medical Association participated in this year's World Oral Health Day under the theme, 'Be Proud of your mouth'. The event was anchored by the Zambia Dental Association on 21<sup>st</sup> March, 2022 at Hermann Gmeiner Primary School (former SOS Children's Village).



Participants during a match past



## ZAMBIA MEDICAL STUDENTS ASSOCIATION SCIENTIFIC CONFERENCE AND AGM (ZAMSA)

- Joseph Musonda



ZAMSA-Newly elected executives

The association held its first ever scientific conference and an elective Annual General meeting under the theme: Promoting Student Participation in Research of Infection Prevention. This event attracted participation from nine member medical schools around the country. ZMA provided financial and human resource support by inviting medical doctors address the medical students on various topics during the course of the event. The event concluded by electing new representatives to drive the association.

## UNIVERSITY OF ZAMBIA MEDICAL STUDENTS' ASSOCIATION (UNZAMEDSA) ANNUAL GENERAL MEETING (AGM) AND SCIENTIFIC CONFERENCE 2022.

-Dhruv Darji

Zambia Medical Association (ZMA) supported and sponsored the UNZAMEDSA AGM and Scientific Conference on the 22<sup>nd</sup> April, 2022 at Ridgeway Campus, University of Zambia, Lusaka.

The event, themed 'Medical Graduates in the Doctor – Explosion Era' hosted the entire medical student populace from University of Zambia, as well as medical students from other medical universities.

The scientific conference featured presentations from research works of medical students at UNZA, a presentation on 'Legal Frameworks Surrounding Abortions In Zambia' by Dr. S. Macha (President – Zambia Association of Gynecologists and Obstetricians (ZAGO)) and a keynote speech

centered around the theme of the event by ZMA Public Health Chairperson and consultant psychiatrist, Dr. Naeem Dalal.

The AGM featured UNZAMEDSA's Presidential Report, Financial Report as well as report by the UNZAMEDSA electoral commission. It also served as the official signing off, of the UNZAMEDSA 2020/21 executive committee.



UNZAMEDSA-Students listening in

## INDUCTION OF STUDENTS

- Mwape k. Kasochi



Induction of Internationally trained doctors



Newly inducted doctors at Cavendish University



Newly inducted doctors at Lusaka Apex Medical University



Newly inducted doctors at Copperbelt University

## ZMA INDUCTS OVER 500 MEDICAL DOCTORS AND DENTAL SURGEONS INTO THE MEDICAL PROFESSION

The Zambia Medical Association has from December 2021 to date inducted over 520 medical doctors and Dental Surgeons into the Medical Profession.

The inductees have been from diverse institutions , ranging from Public to Private and the International Community. Most recently has been The University of Zambia, Copperbelt University, Lusaka Apex Medical University (LAMU), Cavendish University and Internationally trained.

ZMA is delighted in seeing an increase in the number of Medical doctors being trained so as to bridge the widened Doctor- Patient ratio which is currently at 1:12000 in Zambia as opposed to the World Health Organization (WHO) recommendation of 1:1000. This will help provide better quality health services to the citizens of Zambia.

We recognise Governments recent recruitment of Healthcare workers and call upon the new recruits to serve the Zambian people professionally while upholding good ethical practice.



## REGIONAL COLLABORATION

- Dr. Kaumba Roy Tolopu

ZMA has collaborated with other National Medical Associations so as to deliberate on common issues as well as challenges affecting healthcare delivery. ZMA participated in the 48<sup>th</sup> Kenya Medical Association Scientific Conference and Annual General Meeting held in Nairobi, Kenya. The association was represented by the association President, Dr. Crispin Moyo. ZMA was also invited and participated in the Nigeria Medical Association Scientific Conference and the association was represented by the ZMA Secretary General, Dr. Kaumba Roy Tolopu. ZMA remains open in engaging both local and region partners and looks forward to the regional delegates from the Zimbabwe Medical Association (ZiMA) and Kenya Medical Association (KMA) that have since confirmed their attendance in this years Scientific Conference.



ZMA President, Dr. Crispin Moyo with Kenya Medical Association Officials



ZMA Secretary General with Commonwealth Medical Association and The World Medical Association President, Dr. Osahon Enabulele

## CORPORATE PARTNERSHIPS

- Mwape. K. Kasochi

### ZMA AND MALTA-TECH LIMITED MEMORANDUM OF UNDERSTANDING

Malta Tech Limited is an end to end digital solutions and distribution services provider, offering ICT services ranging from structured devices supply and distribution through to enterprise solutions. ZMA has since signed a Memorandum of Understanding(MoU) with Malta-Tech to provide a supply and financing solution to ZMA members where Malta-Tech shall supply electronic gadgets (Television Sets, Tablets, Laptops, Smart watches and Mobile Phones) to ZMA members and facilitate procurement of funding for such mobile devices.

## ZMA PARTNERS WITH ZAMBIA INSTITUTE OF BANKING AND FINANCIAL SERVICES (ZIBFS)


The Zambia Medical Association was invited by the Zambia Institute of Banking and Financial Services (ZIBFS) to give a health talk and provide clinical services to the participants at the Bankers Sports Day on 21<sup>st</sup> May, 2022. The event was held at Olympic Youth Development Centre (OYDC) in Lusaka.

Basic health checkups such as blood pressure, Random Blood sugar (RBS), Body Mass Index (BMI) and Covid-19 rapid testing were provided. ZMA remains open in partnering with stakeholders in line with its aim of influencing public opinion on health related matters.



Participants at the sports day event





Malta-Tech

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### About Us

End to end digital solutions and distribution services provider, offering ICT services ranging from structured devices supply and distribution through to enterprise solutions. Malta-Tech Limited was established in 2019, on the basic premise of providing our clients with not only the best quality products and services but also ensuring that we offer the most competitive prices.

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### What we do?

We provide our customers with the best and most sort after brands on the market. These brands include, but not limited to Samsung, Huawei, Maraphone, OPPO, Alcatel, HP, Lenovo, XHS, NexGo, Toshiba, Hisense, Apple etc. Through our partnership with XHS Smart Technology Africa, we supply SIM cards, ATM cards, ATM embossing machines and back-end system integration.

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**+260 978 981 099**  
 francismateyo@malta-tech.com  
 info@malta-tech.com  
 70B Northgate Gardens, Kasangula Road, Lusaka, Zambia.

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We offer:

- Smartphones
- Tablets
- Laptops
- TV's
- Smart Watches

Payment Plans Available: 3, 6, 9 and 12 Months







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

### Terms and Conditions

- All devices carry a 4 months warranty.
- Members of staff can get as many devices as their salaries (debt service ratio allows).
- Members of staff will not be required to make a payment prior to getting a device.
- Deductions will only begin within the month of delivery if the device is received before the 15th of that month.
- Deductions for devices delivered after the 15th of that month will commence in the following month.
- Members of staff have an option of paying off the entire outstanding amount due for the device after they have made a minimum of 2 payments.
- In the eventuality of death, termination of employment/membership, early retirement or any other reason of ceasure of employment to an employee servicing a Malta-Tech Limited Device Finance facility, the employer to facilitate full payment of the outstanding loan amount at the time of the this termination from the employees' benefits and to ensure payment is done.
- **REQUIREMENTS:** 2 latest pay slips, signed pre-approval form and ID copy

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**Our Trusted Brands**



## ZMA - LUPIYA FINANCIAL SERVICES LTD MEMORANDUM OF UNDERSTANDING.

LUPIYA is an online lending marketplace, providing and managing micro loans. An understanding has been signed with ZMA to establish a Loans Deductions Scheme under which members who wish to access loans from LUPIYA can conveniently do so and repayments shall be made monthly through the PMEC or through the borrowers bank account. LUPIYA will provide various credit facilities as will be available from time to time such as Short term Loans, Long Term Loans, Top Up Loans, Vehicle Asset Financing, and Loan Consolidation. What makes this understanding unique is the system is an eversion, therefore members do not need to physically visit the institution making it more convenient for them.



In the Center ZMA Vice President – Dr. Patricia Shinondo and Lupiya CEO Ms. Evelyn Kaingu

## SECRETARIAT UPDATES

- Angela N. Chibilu

### FAREWELL OF THE ZMA MEDICAL EDUCATION & RESEARCH MANAGER

On 19<sup>th</sup> December, 2021, ZMA bade farewell to its Medical Education & Research Manager, Ms. Fatumata Diallo-Chiumya who served the association for 7yrs through the medical education and research office. The farewell dinner which comprised the current and past executive members was a small way of appreciation rendered to her in recognition of her service and contribution to the association. We wish her the very best in her future endeavors.



Ms Fatumata Diallo –Chiumya

### HIRING OF AN ADMINISTRATIVE ASSISTANT

ZMA has hired an Administrative Assistant who will be responsible for assisting with the day-to-day operations of the Secretariat. She is currently on probation for 3 months.



Ms Carol Soko

## APPENDIX: THE 2022 SCIENTIFIC CONFERENCE AND AGM SCHEDULE

### I: OBITUARIES

#### OBITUARIES- SEPTEMBER, 2021- AUGUST 2022

- |  |   |
|--|---|
| 1. Dr. Musonda Mumba<br>- 15 <sup>th</sup> October, 2021               | 10. Dr. Connard Mwansa<br>-13 <sup>th</sup> January,2022          |
| 2. Dr. Chikuli Kings Mulele<br>- 24 <sup>th</sup> October, 2021        | 11. Dr. Varun Mokash<br>-13 <sup>th</sup> March,2022              |
| 3. Dr. Marsyano Jada Muludyang<br>- 25 <sup>th</sup> October,2021      | 12. Professor Lupando Munkonge<br>- 26 <sup>th</sup> March,2022   |
| 4. Dr. Gibson Sijumbila<br>- 20 <sup>th</sup> November,2021            | 13. Dr. Davis Kabole Mwaba<br>- 30 <sup>th</sup> March,2022       |
| 5. Dr. Mutinta Eularia Chilala<br>- 2 <sup>nd</sup> December,2021      | 14. Dr. Joseph Kabungo<br>- 29 <sup>th</sup> March,2022           |
| 6. Dr. Felix Mulenga Silwimba<br>- 3 <sup>rd</sup> December,2021       | 15. Dr. Mtambe Zoshola Phiri<br>- 23 <sup>rd</sup> May,2022       |
| 7. Dr. Matolase Mtonga<br>- 20 <sup>th</sup> December,2021             | 16. Dr. Hamraev Fathulla<br>- 14 <sup>th</sup> June,2022          |
| 8. Dr. Patson Mukubesa<br>- 19 <sup>th</sup> December,2021             | 17. Dr. Joseph Banda<br>- 7 <sup>th</sup> July,2022               |
| 9. Dr. Akakulubelwa Gilbert Mubita<br>- 22 <sup>nd</sup> December,2021 | 18. Professor Krikor Erzingatsian<br>- 10 <sup>th</sup> July,2022 |



## II: PROFILE - SCIENTIFIC COMMITTEE

The ZMA 2022 Scientific Committee is an eighth (8) member panel of experienced and well-published academicians. Meet the committee that will preside over the 2022 Scientific Conference.

### 1. Professor Bellington Vwalika - Chairperson



Professor Bellington Vwalika is an obstetrician, gynaecologist and epidemiologist by training and currently working for University of Zambia. At the time of his appointment in 2016, he was the first and only Zambian associate professor of obstetrics and gynaecology. Prior to this in 2015 he was appointed adjunct full research professor at the University of North Carolina Department of Obstetrics and Gynaecology in USA. In 2021 the University of Zambia promoted him to full professor of obstetrics and gynaecology making him the first and currently the only Zambian full professor in this field. He serves as external examiner for most Medical Universities locally and in the African subregion. He has successfully led numerous clinical trials. He has successfully supervised over 60 postgraduate dissertations among them PhDs. He has over 150 publications in peer review journal and also serves as a reviewer for local and international medical journals. He has previously served on the Executive of ZMA,ZAGO ,Board of HPCZ and also as Chair of the NHRA. He is the current Secretary General of ECSCOG since 2017.

### 2. Professor Kasonde Bowa - Vice Chairperson



Prof Kasonde Bowa is currently Deputy Vice Chancellor (Research) and Executive Dean at the University of Lusaka School of Medicine and Health Sciences since 2019. He holds the Master of Medicine(Surgery) from UNZA, MSc in Anatomy from the University of Glasgow, Fellowship of the Royal College of Surgeons of Glasgow since 2002. He is a Fellow of the American College of Surgeons since 2005 and a Fellow of the College of Surgeons of East and Central Africa in Urology since 2008. He holds a MPH from the London school of Hygiene and Tropical Medicine and a Diploma Teaching Methods from the UNILUS. He received the ZMA Meritorious award for Medical training in 2015.

He is the first Zambia Professor of Urology. He was Assistant Dean at the University of Zambia School of Medicine for 6 years, and was Founding Dean of the Copperbelt University school of Medicine for 8 years. He has over 85 journal publications, he has an Hirsch index of 16, an RG score of 28.3 and over 800 citations on research gate. He has over 8 international awards and has had more than 5 international grants. He is Associate Editor of the African Journal of Urology and the African Urology Journal. He is a reviewer for the BMC Urology, ECAJS and Annals of African Medicine.

He has been external examiner at the College of Medicine of Malawi, the University of Namibia and the University of Bulawayo as well as the COSECSA. He was formerly Secretary of the Surgical Society of Zambia and Vice -President of the Zambia Medical Association.

### 3. Dr Mwansa Ketty Lubeya - Secretary



Dr Mwansa Ketty Lubeya is an Obstetrics & Gynaecology specialist, faculty at the University of Zambia-School Medicine, currently pursuing her PhD in public health at South Africa's Wits University. She has published in peer-reviewed journals and has made several scientific presentations locally and internationally. Previously, she has been competitively selected in regional leadership programs such as the Mandela Washington Fellowship and Obama Foundation: African Leaders programme.

In August 2018, as a passionate researcher and seasoned leader, she co-founded a leadership-research mentorship program (YES Zamia) for undergraduate medical students and early career young doctors. Dr Lubeya knows and understands that in order to change the mentorship narrative in Africa, she has to roll up her sleeves and be involved.

Dr Lubeya is a member of several professional associations such as Zambia Medical Association, Medical Women Association of Zambia, Pan-African Scientific Research council <https://pasrc.princeton.edu/members/individuals/mwansa-ketty-lubeya> and the International Papillomavirus Society.

**Other Scientific Committee members are Professor Emmanuel Makasa, Dr. Beatrice Amadi, Dr. Hope Mutengo, Dr. Mweushi Mphande and Dr. Violet Kayamba.**



## THE ZAMBIA MEDICAL ASSOCIATION

### 2022 Annual General Meeting and Scientific Conference

Date: 5<sup>th</sup> - 6<sup>th</sup> August, 2022

Venue: Avani Victoria Falls Resort in Livingstone, Zambia

Theme: "Harmonizing the National Response to Emerging Public Health Threats: Lessons from the COVID-19 Pandemic."

#### DAY 1

TIME	TOPIC/ACTIVITY	PRESENTER/MODERATOR
08:00	Registration	Secretariat
08:50	Welcome Remarks	Dr. Kaumba Roy Tolopu – ZMA SG
<b>1<sup>ST</sup> SESSION – MODERATOR PROF. VWALIKA</b>		
09:00	Management and Outcomes of Paediatric Intracranial Suppurations in Low- and Middle-Income Countries: A Scoping Review	Dr. Dawin Sichimba
09:10	Spectrum and Determinants of Congenital Heart Defects in Down Syndrome Children Presenting at The University Teaching Hospitals, Children's Hospital.	Dr. Donald Mumba
<b>09:20</b>	<b>CIDRZ</b>	<b>Dr. Izukanji Sikazwe</b>
09:35	Tuberculosis testing and treatment declines dramatically at a tertiary hospital in Zambia during the first year of COVID-19 pandemic	Dr. Duncan Chanda
09:45	Investigation of a Measles Outbreak in Kasumbalesa, Chililabombwe District – Zambia 2021	Dr. Haachile L. Moonga
<b>09:50</b>	<b>Plenary Discussion/ Q&amp;A</b>	
<b>10:10</b>	<b>UBA</b>	
10:20	TEA BREAK	Secretariat
<b>2<sup>ND</sup> SESSION – MODERATOR PROF. BOWA</b>		
<b>10:50</b>	<b>GLENMARK</b>	
11:00	Sexual Harassment of Female Medical Doctors by Male Medical Doctors: A Case Series	Dr. Jane Chanda Kabwe
11:10	Your doctor often gets it wrong! Evidence from a low-resource Ear, Nose and Throat (ENT) tertiary hospital	Dr. Lufunda Lukama
11:20	Pooled Estimate of Risky Sexual Behavior Among College and University Students In Sub-Saharan Africa: A Meta-Analysis	Anderson Lungu
<b>11:30</b>	<b>Plenary Discussion/ Q&amp;A</b>	
<b>11:50</b>	<b>Shalina</b>	
<b>12:00</b>	<b>Novartis</b>	
<b>12:15</b>	<b>LUNCH BREAK</b>	<b>Secretariat</b>
14:00	The Hospital at Night: A study of the Obstetric-Paediatric Interface in an NHS University Teaching Foundation Trust Hospital	Dr. Henry Stokes Mulenga
14:10	Neurosurgical Equipment Donations: A Qualitative Study	Dr. Dawin Sichimba
<b>14:20</b>	<b>Plenary Discussion/ Q&amp;A</b>	
<b>14:30</b>	<b>Artemis</b>	
<b>14:40</b>	<b>Mylan/Augusta</b>	
14:50	Quantitative evaluation of maternal and child health service disruption during the COVID-19 pandemic in Lusaka Zambia	Dr. Duncan Chanda
15:00	ZMAC Update on hospital project	Dr. Kevin Zimba
15:10	Metabolic syndrome and estimated 10-year cardiovascular disease risk among HIV-positive and HIV-negative adults in Zambia and Zimbabwe	Dr. Guy Kayeye Muula
15:15	Knowledge, Attitude and Practices towards COVID-19 pandemic among homeless street young adults in Lusaka.	Kahilu Samuyachi
15:20	Laryngopyocele as a Cause of Acute Upper Airway Obstruction	Kasakula Kaunda.
<b>15:25</b>	<b>BAC presentation on Health Insurance</b>	
<b>15:35</b>	<b>Plenary Discussion/ Q&amp;A</b>	



## THE ZAMBIA MEDICAL ASSOCIATION

### 2022 Annual General Meeting and Scientific Conference

**Date: 5<sup>th</sup> - 6<sup>th</sup> August, 2022**

**Venue: Avani Victoria Falls Resort in Livingstone, Zambia**

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TIME	TOPIC/ACTIVITY	PRESENTER/MODERATOR
15:50	Sandoz	
16:00	Texila American University	Mr. Karthick
16:10 – 18:00	BOAT CRUISE	
18:00	Novartis Scientific Symposium Cocktail	Prof Faston Ngoma/Dr. Natasha Namuziya

## DAY 2

08:30	Registration	Secretariat
09:00	Recap of Scientific Conference	Dr. Patricia Shinondo – ZMA Vice President
	<b>MODERATOR DR. KETTY LUBEYA</b>	
09:05	Clinical outcomes among individuals infected with SARS-CoV-2 in rural Zambia: A longitudinal study	Pamela Sinyimaanzi
09:10	Types of occupational accidents and their predictors at construction sites in Lusaka City	Philip Simutenda
<b>09:15</b>	<b>International Drug Co</b>	
09:25	Factors Influencing the involvement in research of medical doctors at the University Teaching Hospitals in Lusaka	Theresa S. Nzayisenga
<b>09:30</b>	<b>Teledoctor</b>	
09:45	The impact of Covid-19 on Medical Training in Zambia and its effects on Human Resources for Health	Prof. Kasonde Bowa
09:50	Subdural haematoma after spinal anaesthesia for caesarean section: a case report.	Dr. Tuma Kasole
09:55	Tuberculosis screening among HIV-positive inpatients: a systematic review and individual participant data meta-analysis	Dr. Daniel Mwamba
10:00	Plenary Discussion/ Q&A	
10:20	Presentation from lawyer	
<b>10:30</b>	<b>Yash Life Sciences</b>	<b>Mr. Amit</b>
<b>10:40</b>	<b>TEA BREAK – viewing of posters (2nd half)</b>	<b>Secretariat</b>
<b>11:00</b>	<b>Mylan/Augusta</b>	<b>Mr. Sateesh</b>
11:30	Opening remarks	Dr. Crispin Moyo – ZMA President
11:40	Invitation of Guest of Honor	
<b>11:45</b>	<b>Speech by the Guest of Honor</b>	<b>Hon. Sylvia Masebo</b>
<b>12:30</b>	<b>LUNCH BREAK</b>	<b>Secretariat</b>
14:00	2022 ZMA AGM Business Meeting	Dr. Kaumba Roy Tolopu – ZMA SG
18:00	Closing Remarks	Dr. Crispin Moyo – ZMA President
	<b>END OF 2022 ZMA AGM</b>	
	<b>Gala Dinner</b>	





# UNIVERSITY of LUSAKA

Entry Requirements: Five (5) "O" level credits or better which must include English Language and Mathematics.

- **Medicine & Surgery** - "A" levels with passes in Mathematics, Biology, Chemistry, & Physics
- **Actuarial Science** - Merit in Mathematics

**Duration:** Degree - 4 years | Diploma - 3 years  
| Medicine & Surgery - 6.5 years

**Mode of Delivery:** Full-time, Part-time and Distance learning

## PROFESSIONAL

- ACCA: Foundation | Fundamentals | Professional
- ZICA: CA Zambia | Postgraduate Diploma in PSFM  
| Diploma in Tax | Diploma in Accountancy
- CIMA: Finance Leadership Program

## CERTIFICATES COURSES

- Certificate in Innovation and Entrepreneurship - (1 year)
- Certificate in Law Practice and Procedure (PRE-ZIALE)

## BACHELOR'S DEGREE PROGRAMMES

- Bachelor of Laws
- Bachelor of Medicine and Surgery
- Bachelor of Science in Public Health
- Diploma in Registered Nursing
- Bachelor of Business Administration
- Bachelor of Accountancy
- Bachelor of Actuarial Science
- Bachelor of Arts in Economics
- Bachelor of Science in Insurance and Pension Management
- Bachelor of Science in Human Resource Management
- Bachelor of Science in Transport and Logistics Management
- Bachelor of Science in Marketing
- Bachelor of Science in Purchasing and Supply
- Bachelor of Science in Economics and Finance
- Bachelor of Science in Banking and Finance
- Bachelor of Science in Public Administration
- Bachelor of Science in Politics and International Relations
- Bachelor of Arts in Development Studies
- Bachelor of Science in Information Systems & Technology

## HOW TO APPLY?

Application forms can be downloaded from our website [www.unilus.ac.zm](http://www.unilus.ac.zm) or obtained from our Pioneer campus. Completed forms must be emailed to [registrar@ictar.ac.zm](mailto:registrar@ictar.ac.zm). The application forms for undergraduate programmes cost a non-refundable fee of **K200** for local students, and **\$50** for international students.

## ADMISSIONS OFFICE

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Mass Media.P.O. Box 36711, Lusaka, Zambia.

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Website: [www.unilus.ac.zm](http://www.unilus.ac.zm)

